



TANGLING TIPS

*Free Zentangle
Patterns & Exercises*



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Tangling Tips: Free Zentangle Patterns and Exercises

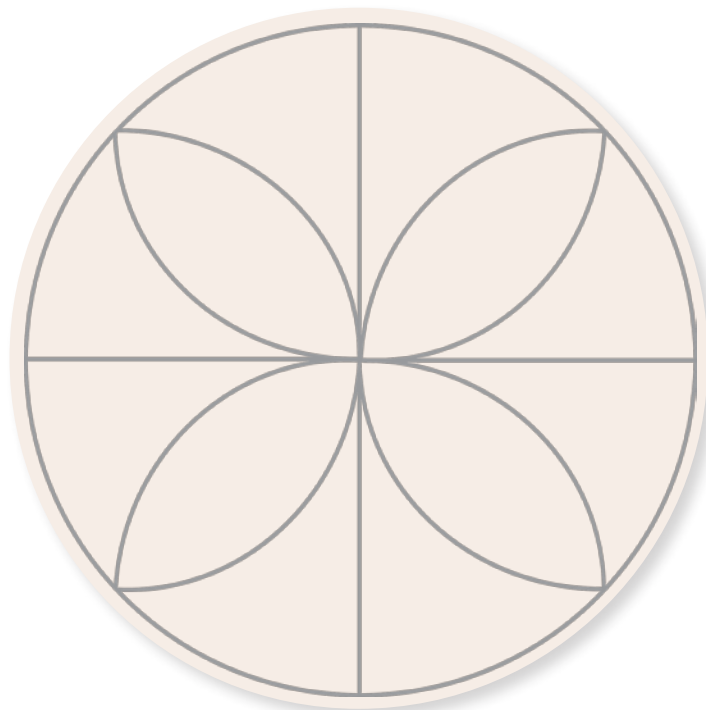
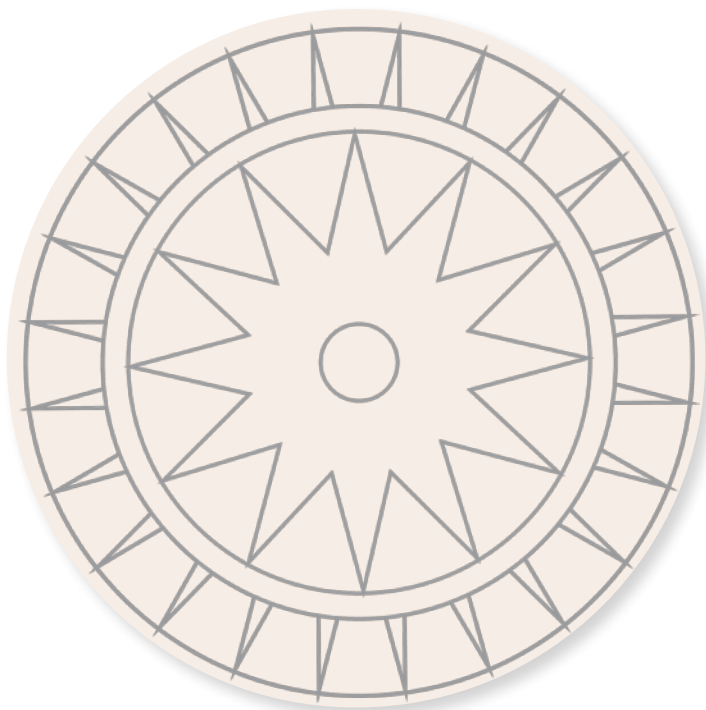
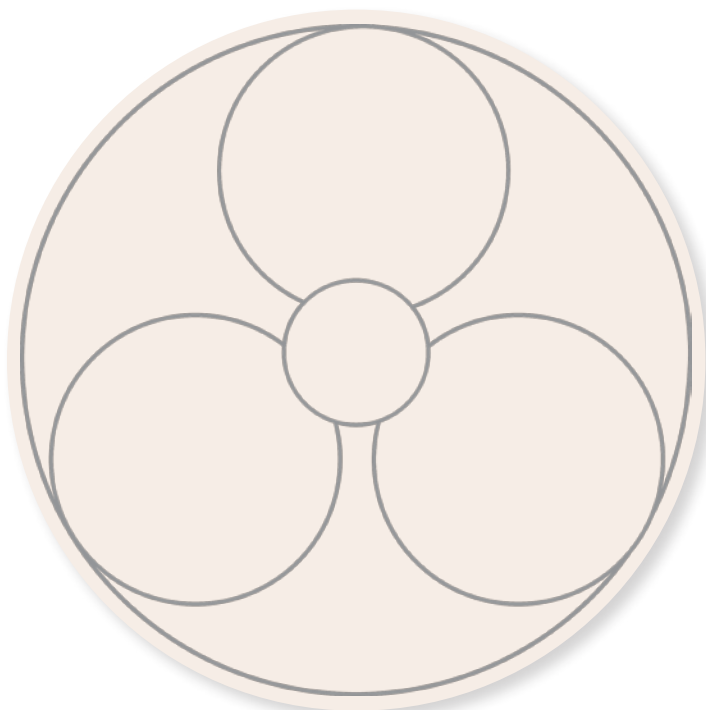
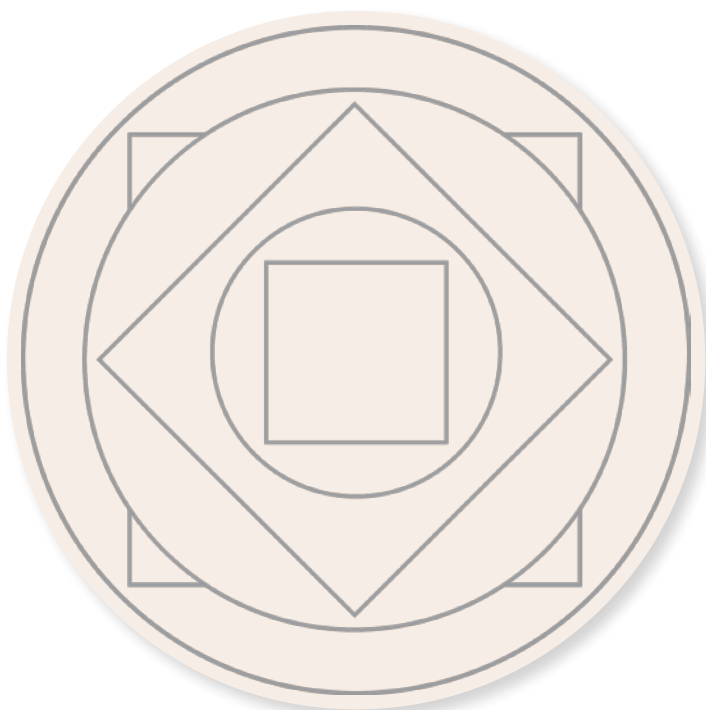
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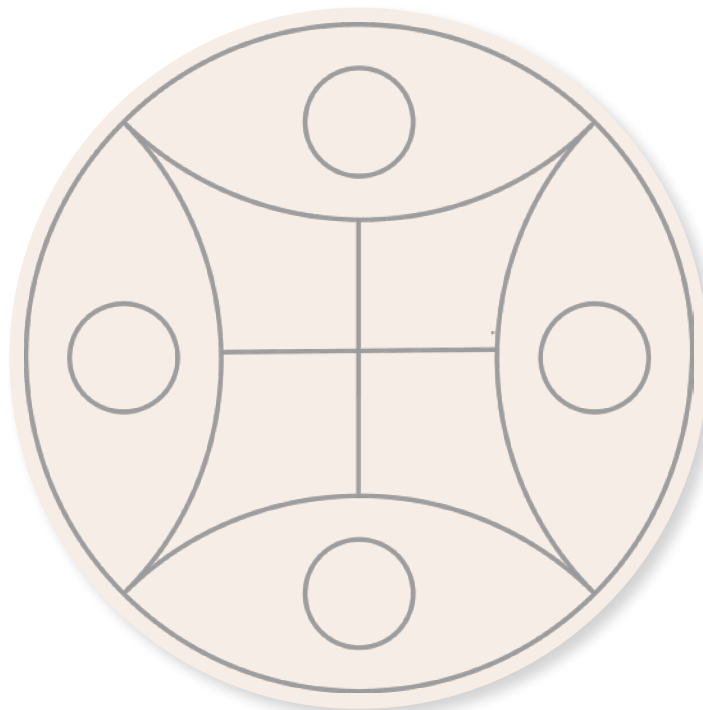
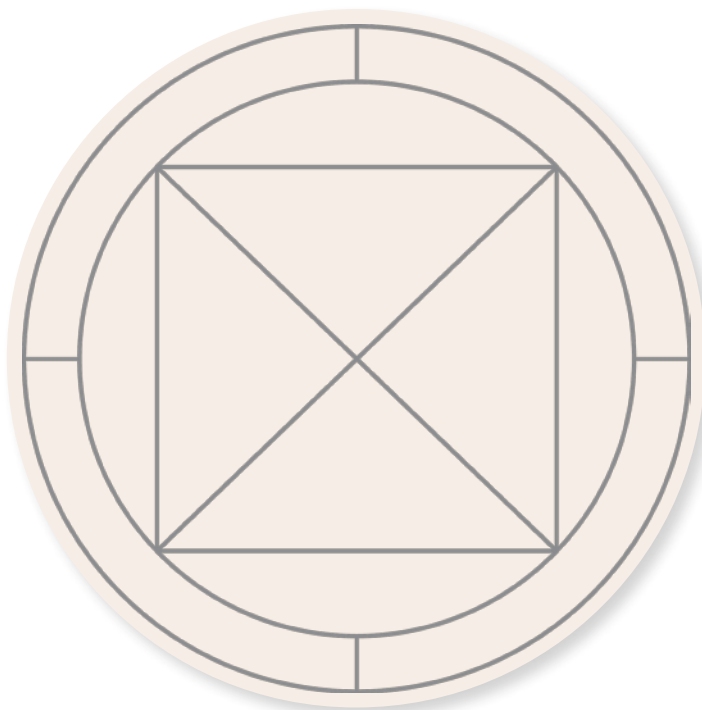
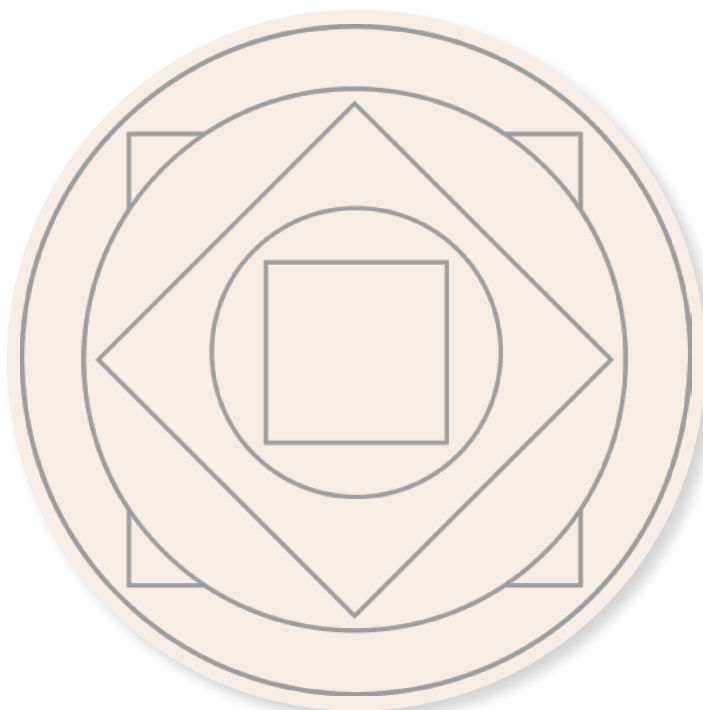
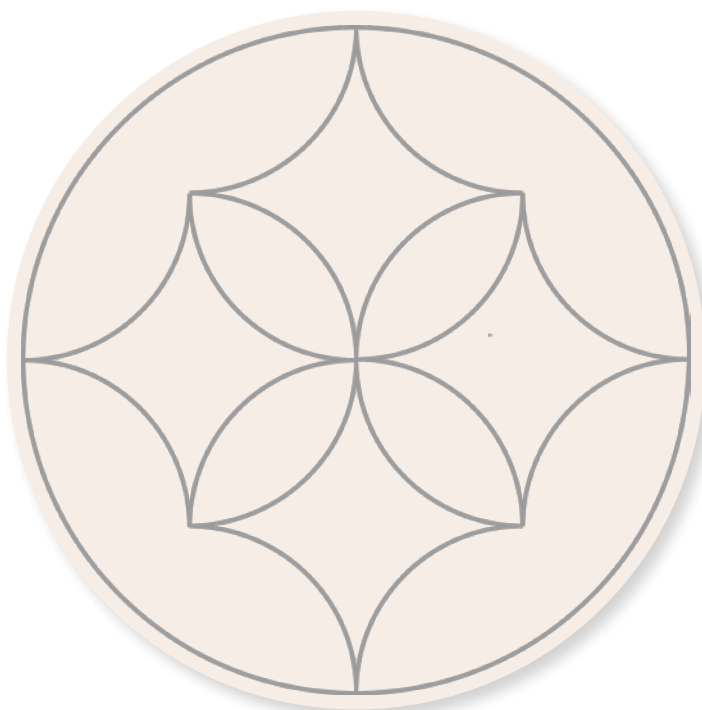
From *Creative Tangle* by Trish Reinhart:

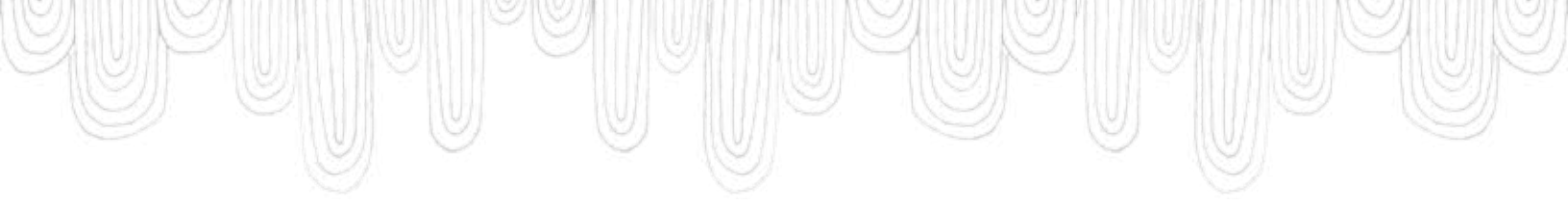
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BONUS ZENDALA STARTER TILES

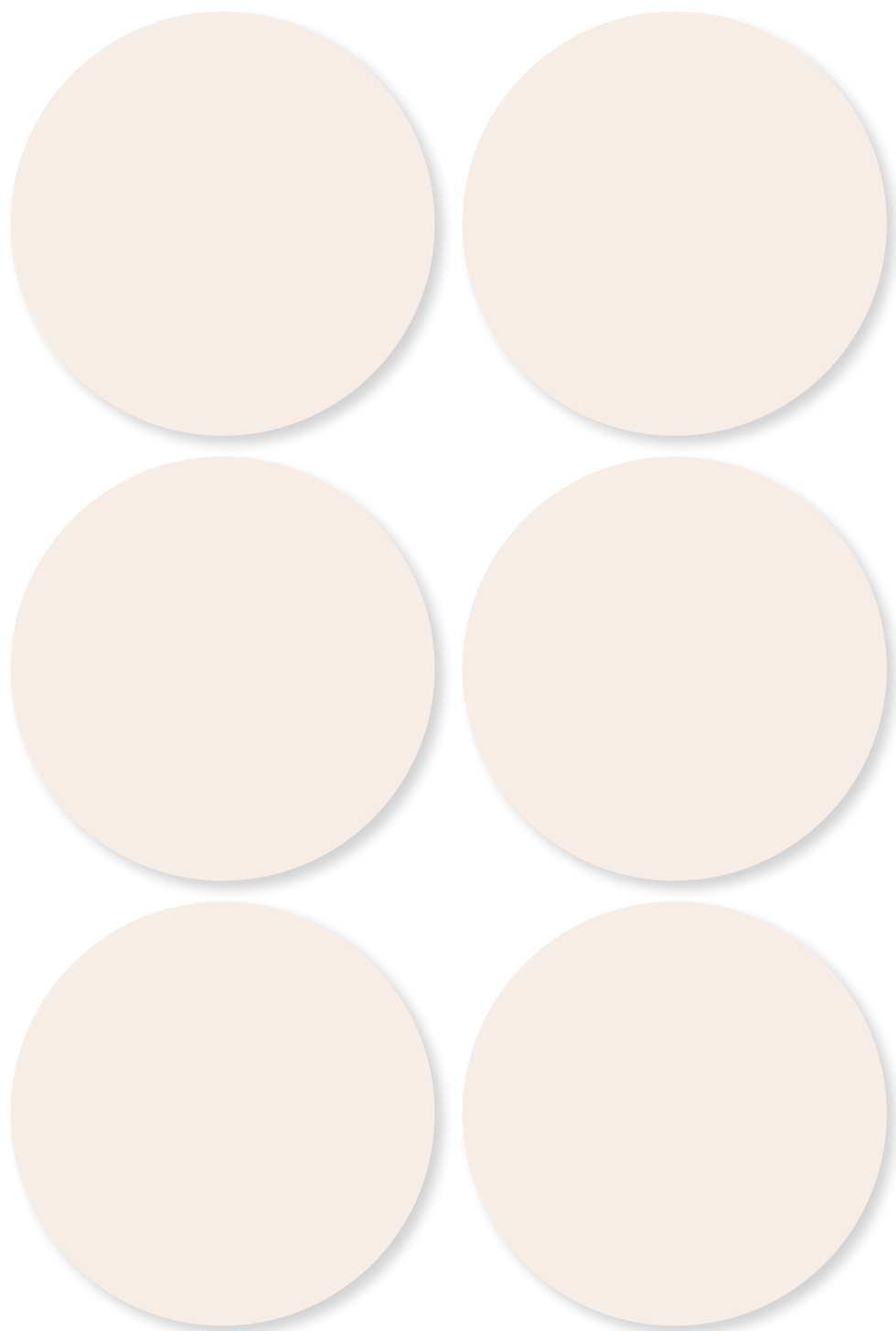


BONUS ZENDALA STARTER TILES



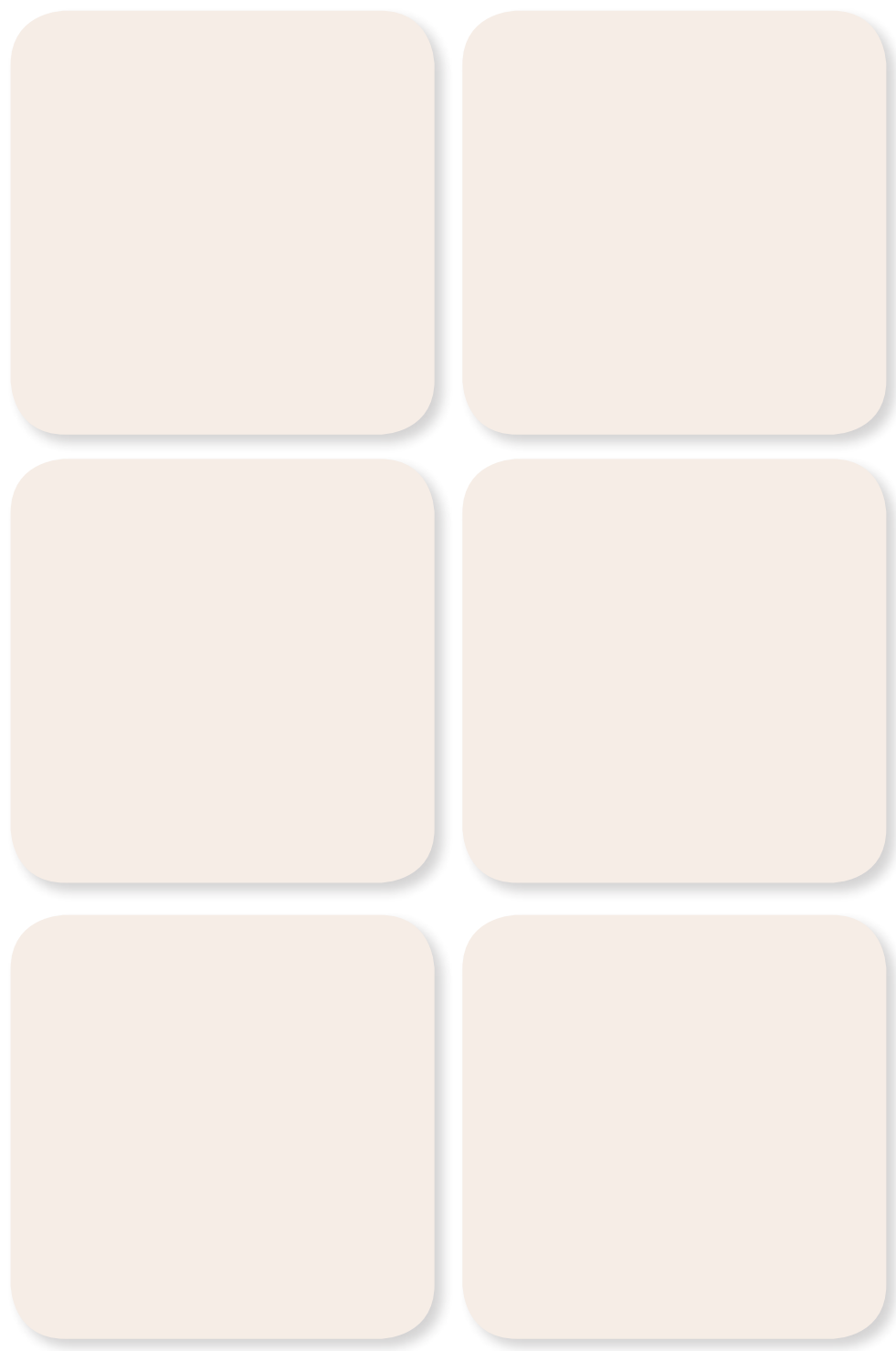


BONUS ZENDALA PRACTICE TILES





BONUS ZENDALA PRACTICE TILES



2 *Five-Oh* | Five-Oh Step-Out

The first tile we're going to focus on in-depth is *Five-Oh*, which I introduced in *Zentangle® Untangled*. I decided to start with a familiar one so you can develop some quick confidence.



1 Create your pencil border on your Zentangle tile.



2 Draw three long, thin bars in various lengths with rounded edges from one side of the tile. I have chosen to draw left to right, but there is no reason you cannot adapt this to any direction.



3 Draw another fine line around each bar, doubling the bar. Your bars will become wider and rounder at the ends as you add more lines.



4 Continue to add more lines until each wave meets up.



5 Once each wave has connected, start a new wave on the end of the existing waves. These, too, should be various lengths.



6 Continue building new waves at various heights until you feel that the waves are complete.

Pottery

I was intrigued by a few pottery pieces I have in my kitchen and living room. Just think, I never even looked at the patterns on fabrics in my closet! There are so many objects to get the creative juices flowing it'll blow your mind. So just stick to the less complicated ones. Now, back to the pottery. Again, we'll draw out a border and a full pattern. I combined a couple different areas on the kitchen piece to form the border shown.

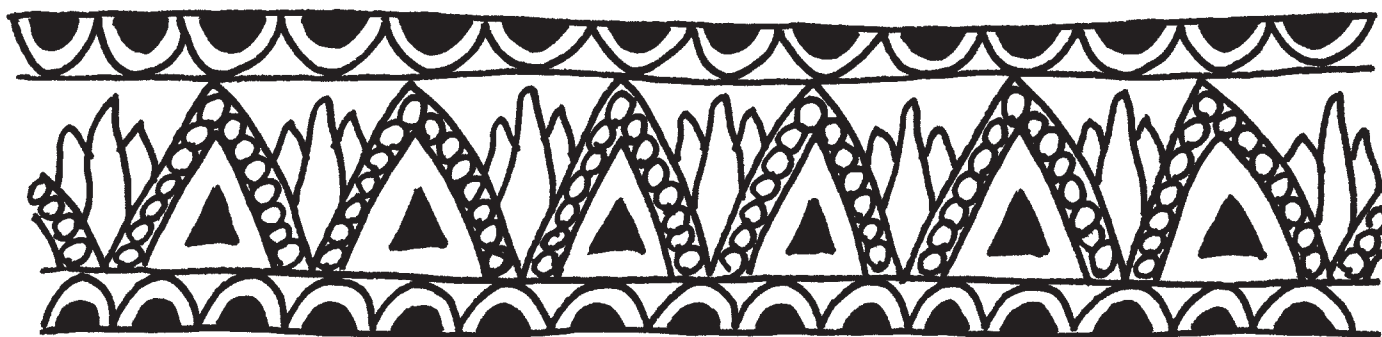
Materials

- Bristol board
- .05 black Sakura Pigma Micron pen
- 2B pencil



Find the Shapes

Find the basic shapes in the pottery. I see a triangle, a circle and curved lines.



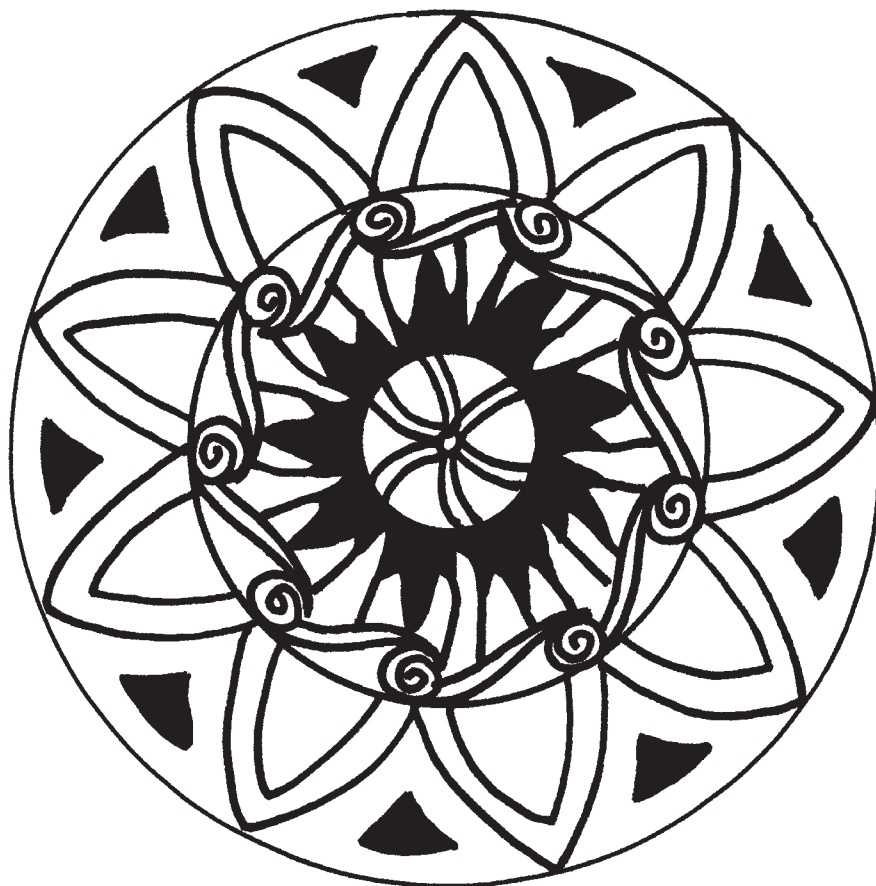
Create the Pattern

Begin by drawing four lines, leaving 1" (25mm) between the two middle lines. Add the triangle shapes and half circles along the edges. Add small circles to the outer triangle shapes and insert the curved lines between them. Finish by inking over the pencil lines with a .05 black Micron pen.



Mandala

The top of the canister reminds me of a mandala (a circular design, divided into separate sections, containing graphic and often symbolic patterns). If you combine a mandala with a Zentangle, you get a zendala.

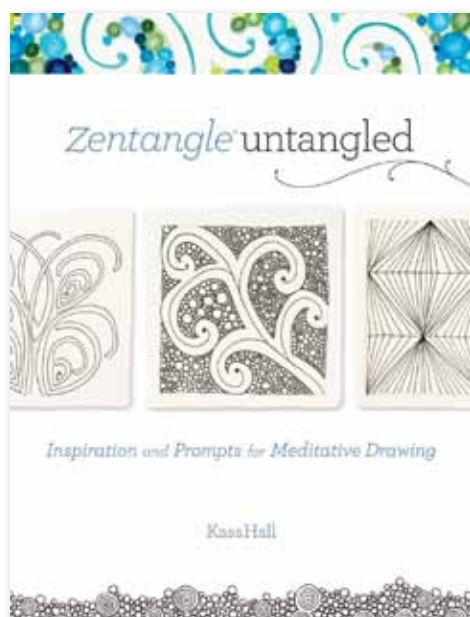


Zendala

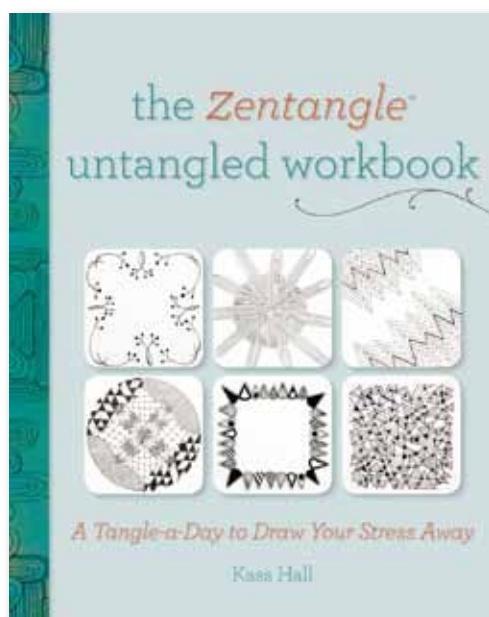
Here is an example of a zendala I drew based on the lid of the pottery piece. I drew the handle and edges almost exactly as they appear on the lid. I created a starburst effect beyond the handle and edged the center section with swirled lines.

MORE RESOURCES

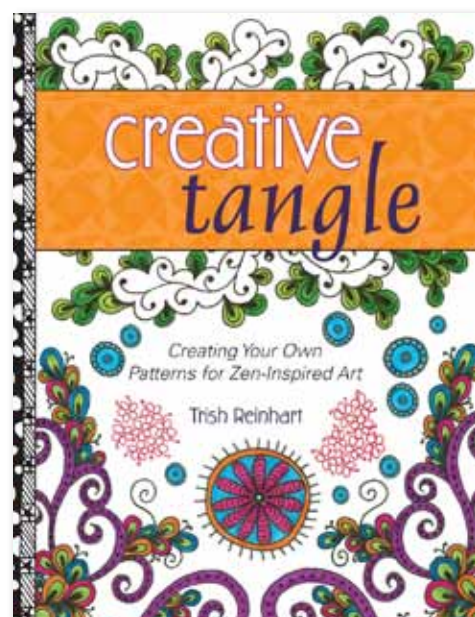
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